

# ABOUT

Oxford Mutual Aid is a community organisation which works to support our peers and neighbours in Oxford, primarily through the provision of food support.

**We are the only local service that is active seven days a week, operates on a delivery basis, and supplies baby necessities.**

We aim to ensure all our work follows our core principles of empowerment, good faith, and collective decision-making, as well as consistent, respectful and reflective practice.

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# VISION

**We believe that nobody should face food insecurity or experience stigma for seeking assistance.**

Our Kitchen Collective programme has to date provided over 30,000 meals to the community, which, as well as providing nutritious meals to those with minimal cooking facilities.

This has been vital in bringing together organisations from across the city, including colleges, universities and local groups

# Spread the word!

Tell your friends, family and neighbours about OMA and the work we do.

Encourage them to get involved in any way they can - either by donating, volunteering or spreading the word themselves

For more information email [coordinators@oxfordmutualaid.org](mailto:coordinators@oxfordmutualaid.org)

## Contact us

Oxford Mutual Aid Richard  
Benson Hall 276 Cowley  
Road, ox41ur

For updates, follow us on social media  
[@oxfordmutualaid](#).



**Thank you for your support!**



**TACKLING FOOD POVERTY**

**PREVENTING FOOD WASTE**

**SUPPORTING OUR  
COMMUNITY, FAMILIES AND  
EACH OTHER**

# WINTER CHALLENGE

## 2021

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since OMA was founded 20 months ago, the demand has generally increased week on week, month on month. More recently however, a number of factors have combined to put considerable strain on our organisation

First, Brexit has caused considerable disruption to the UK's supply chains in almost every sector. Rising fuel prices and fuel shortages have increased our transport costs significantly, meaning we have had to cut spending in other areas.

The impact of food shortages has been even more serious. Most of the 5 tonnes of food that OMA distributes every week is food surplus, meaning we are at the end of the food chain. As a consequence, we frequently run out of food and other basic essentials.

Finally, as we enter the winter months, Covid cases have been spiking. Therefore, so too has the need for OMA's help.

**If OMA did not exist, these people would not have anyone to turn for emergency food support and other basic necessities, nor would their social workers and / or link workers.**

# CHRISTMAS AT OMA

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At OMA, while food and other essential supplies support are the bedrock of operations, we also believe that the many at-risk individuals and families should not have to face additional hardship during the holidays because of the financial strain it places on them, or because they are marginalised or excluded members of the community.

Showing solidarity is not just about working together hard to ensure that everyone has access to the things they need to simply subsist, but also about the spreading of joy, of making people feel equal and valued, and creating a sense of community.

## HOW CAN YOU HELP?

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### HELP US PROVIDE GIFTS

Purchase items on our Gift Registry for delivery at the Richard Benson Hall, 276 Cowley Road, which is our base of operations.



### HELP US OUT WITH ESSENTIAL ITEMS

We regularly run out of the items and would appreciate any help! Please scan the QR code to see which items we need.



You can purchase items and drop them off at the Richard Benson Hall 276 Cowley Road, OX4 1UR.

### VOLUNTEER

Fancy being an OMA Elf this festive season? We not only need volunteer packers and drivers, there are plenty of remote roles too! Please consider signing up to volunteer with us this festive season!



### JOIN OUR KITCHEN COLLECTIVE PROGRAMME

For Christmas, we want to make sure every person who wants it will have a tasty meal to eat. Join the Kitchen Collective team to make this happen!  
We also urgently need donations of reheatable containers as they are consistently one of our highest expenses. If we are going to be providing a lot more meals over Christmas, we need the containers to put them in! **Please email [kitchencollective@oxfordmutualaid.org](mailto:kitchencollective@oxfordmutualaid.org) if you think you can help with this.**